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## USE OF EAR DROPS

1. Turn the affected ear up toward the ceiling.
2. Place the seven drops of prescribed solution into the ear canal.
3. Pump on the nipple (tragus) for 15 seconds. **This is the single most important step.**
4. Wait for 3 minutes with that same ear toward the ceiling.
5. Now turn that same ear down toward the floor. Allow 3 minutes for the drainage.
6. Wipe off the spillage of drops with a dry cloth
7. Repeat this procedure on the opposite ear, if necessary.
8. Go about your business. Do not use cotton in your ear.
9. Unless otherwise instructed, the eardrops are instilled as follows: 7 drops twice a day.